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# *The Essential College Dorm Packing & Planning List:*

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## Essentials:

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2 sets Twin XL Sheets  
Twin XL Mattress Topper  
Twin XL Mattress Pad  
Comforter and/or Blanket  
2 pillows  
Pillow covers

First Aid Kit with the following items:  
Neosporin, Band-Aids, Pepto-Bismol,  
Calamine Lotion, Acetaminophen, Alka-  
Seltzer, Gauze, Ben-Gay, tweezers, Ora-Gel

2 Bath Towels  
2 Hand Towels  
2 washcloths  
1 bath caddy

Laundry Bag or Hamper  
Laundry Detergent  
Fabric Softener Sheets

Small Room Cleaning Supplies:  
Air Freshener  
All Purpose Spray  
Old Rags or Paper Towels  
Garbage Bags (Small and Large)

Alarm Clock  
Small Desk Fan  
Tissues  
Space Bags to compress Winter Clothing  
until necessary  
Desk Lamp  
Bulletin board, Cork board or Whiteboard

### Study Supplies:

Backpack  
Pens  
Pencils  
Notebooks  
Highlighters  
Paper  
Binders  
Paper Clips  
Stapler  
Tacks  
Duct Tape  
Scissors  
Transparent Tape  
Shipping Tape  
Backpack  
Post Its

3M Adhesive hooks and strips for hanging  
posters/hooks on walls

### Personal Toiletries:

Mouthwash  
Deodorant/Antiperspirant  
Soap  
Shampoo  
Body Wash  
Toothpaste  
Toothbrush  
Conditioner  
Lotion  
Baby Oil

Storage items:

Closet hangers

Shoe organizer

Under bed storage

Footlocker or Duffle Bag

Address Book with Family addresses and phone numbers

Family pictures

Rolls of Quarters for Laundry (if necessary)

Cards

Board Games

Healthy convenience foods and powdered drinks

Plate

Bowl

2 Tupperware Containers

Fork, Spoon, Knife, small chef knife to cut fruit or penknife

Coffee or Tea Maker, Coffee/Tea and Mug

Tumbler

Water Bottle

Paper Lunch Bags (useful for lots of things)

Zip Lock Bags (useful for lots of things)

Ethernet cables (if necessary)

Chargers for cell phones, laptops and other electronics

Surge Protector

Printer (if necessary)

Printer Paper

Printer Ink

Umbrella or Raincoat

Flashlight

Small Toolkit

Boots for Snowy/Icy Campuses

Swimsuit

Workout clothing

1 or 2 sets dress clothing and shoes

Jogging Pants

Tees

Hoodies

1 light throw (for football games and outdoor sports and events in late fall)

Sturdy gym shoes/sneakers

Flip Flops

Musical Instruments if your child plays

Frisbee, football, any other small outdoor items

Health insurance card

Auto insurance card (if driving)  
Title and papers for car (if driving)  
Driver's License  
Passport if planning to travel out of the country  
Social Security Card  
University ID  
University Parking Pass (if available)

### Some Dorms Need:

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Mini Fridge  
Small Microwave

### Nice-to-Have:

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TV  
Xbox or other Game system  
Bike  
Bike Lock  
Skateboard  
Tablet system: Kindle, iPad, Nook etc.  
Cell phone  
Room rug  
Posters and Wall Décor  
Stereo  
Personal Safe for Valuables